

**Amendments to the Claims:**

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Currently Amended) A visual training method, comprising:

a ~~fist~~a first step of displaying respective separate targets for right and left eyes of a trainee; and

a second step of moving positions of the separate targets displayed for the right and left eyes in directions of respective optical axes of the right and left eyes while simultaneously moving the positions in horizontal directions perpendicular to the optical axes of the right and left eyes until visual lines of the right and left eyes incline ~~outward toward the end.~~outward.

2. (Original) The method according to claim 1, wherein

in the second step the positions of the targets are moved further beyond far points in the optical axis directions while the positions of the targets are aligned with focal points of the right and left eyes.

3. (Currently Amended) The method according to claim 1, wherein

in the second step the targets are moved in the optical axis directions and in the horizontal directions perpendicular to the optical axes of the right and left eyes in parallel until ~~they~~the targets reach predefined positions in the optical axis directions, and thereafter the targets are moved only in the horizontal directions perpendicular to the optical axes.

4. (Currently Amended) The method according to claim 2, wherein

in the second step the targets are moved in the optical axis directions and in the horizontal directions perpendicular to the optical axes of the right and left eyes in parallel until ~~they~~the targets reach predefined positions in the optical axis directions, and thereafter the targets are moved only in the horizontal directions perpendicular to the optical axes.

5. (Currently Amended) The method according to claim 1, wherein  
in the second step positions in which the visual lines of the right and left eyes  
incline outward ~~toward the end~~ are in the proximity of far points on the optical axes.
6. (Currently Amended) The method according to claim 2, wherein  
in the second step the positions in which the visual lines of the right and left  
eyes incline outward ~~toward the end~~ are in the proximity of far points on the optical axes of  
the right and left eyes.
7. (Currently Amended) The method according to claim 3, wherein  
in the second step the positions in which the visual lines of the right and left  
eyes incline outward ~~toward the end~~ are in the proximity of far points on the optical axes of  
the right and left eyes.
8. (Currently Amended) The method according to claim 3, wherein  
the predefined positions in the optical axis directions are in the proximity of a  
position +0.25 Dp further from ~~the far point~~ far points in the optical axis directions.
9. (Original) The method according to claim 3, wherein  
the visual lines of the right and left eyes are parallel to each other at the  
predefined positions in the optical axis directions.
10. (Original) The method according to claim 4, wherein  
the visual lines of the right and left eyes are parallel to each other at the  
predefined positions in the optical axis directions.
11. (Currently Amended) The method according to claim 5, wherein  
the visual lines of the right and left eyes are parallel to each other at ~~the~~  
predefined predefined positions in the optical axis directions.
12. (Currently Amended) A visual training method comprising:

a first step of displaying respective separate targets for right and left eyes of a trainee;

a second step of moving positions of the separate targets displayed for the right and left eyes in directions of respective optical axes of the right and left eyes while simultaneously moving the positions in horizontal directions perpendicular to the respective optical axes of the right and left eyes until visual lines of the right and left eyes incline ~~outward toward the end; outward;~~

a third step of measuring refractivities of the right and left eyes;

a fourth step of determining positions to which the separate targets are moved in the optical axis directions, according to results of the measurement in the third step; and

a fifth step of returning to the second step to move the separate targets to the positions determined in the fourth step and thereafter executing the third and fourth steps again.

13. (Currently Amended) A visual training device comprising:

a target display section for displaying respective separate targets for right and left eyes of a trainee;

an optical axial movement section for moving positions of the separate targets displayed for the right and left eyes in directions of respective optical axes of the right and left eyes; and

a horizontal movement section for moving the separate targets displayed for the right and left eyes in horizontal directions perpendicular to the optical axes of the right and left eyes until visual lines of the right and left eyes incline ~~outward toward the end; outward.~~

14. (Currently Amended) The device according to claim 13, wherein

the target display section ~~is means~~is a means for projecting an image serving  
as a target.

15. (Currently Amended) A visual training device comprising:  
a target display section for displaying respective separate targets for right and  
left eyes of a trainee;  
a refractivity measuring section for measuring refractivities of the right and left  
eyes;  
an optical axis moving section for moving positions of the separate targets  
displayed for the right and left eyes in directions of respective optical axes of the right and left  
eyes, according to the refractivities of the right and left eyes measured by the refractivity  
measuring section; and  
a horizontal movement section for moving the separate targets displayed for  
the right and left eyes in horizontal directions perpendicular to the optical axes of the right  
and left eyes according to the refractivities of the right and left eyes measured by the  
refractivity measuring section until visual lines of the right and left eyes incline ~~outward~~  
~~toward the end~~outward.

16. (Currently Amended) The device according to claim 15, wherein  
the target display section ~~is means~~is a means for projecting an image serving  
as a target.

17. (Original) The device according to claim 15, further comprising a display  
section for simultaneously displaying a positional change of the targets caused by the  
horizontal direction moving section and the refractivities of the eyes of the trainee measured  
by the refractivity measuring section.

18. (Canceled)